

COVID: Training Program

Day 1:

Professor Dr. (Colonel) C.D.S. Katoch, Executive Director, AIIMS, Rajkot, Gujarat.

1. General anatomy of body and medical terminology
2. Vital monitoring:
 - a. Temperature
 - b. Pulse,
 - c. BP,
 - d. SPO2
 - e. GCS monitoring

Day 2:

Dr. Rohin Garg, AIIMS, Rajkot, Gujarat.

1. Hand Washing
2. Isolation / Quarantine
3. Biomedical waste disposal:
 - a. Colour coding
 - b. Transportation

Day 3:

Dr. Pradip Chauhan, AIIMS, Rajkot, Gujarat.

1. COVID -19 Signs & Symptoms
2. Vital Signs Monitoring
3. Elementary nursing care
 - a. Vitals monitoring revision.
 - b. Care of bed and linen
 - c. Posture Significance including proning
 - d. Lifting & transport of patient
 - e. Giving bed pan, urinal.
 - f. Care of: mouth, hair, bath care, clothing, skin
 - g. Nutrition/Feeding - Oral and Enteral
 - h. Input and Output charting
 - i. Color of skin, urine, stool, body
 - j. Hot & cold application
 - k. Steam inhalation & care
 - l. Local application of ointment
 - m. Drops
 - n. Gargles

Day 4:

Dr. Gaurav Sharma, AIIMS, Rajkot, Gujarat.

1. Sample collection for COVID -19 patients (Swab Collection) and Transport
2. Lab Reports [RT-PCR, RAT, Xray, CT etc...]
3. Clinical response scenarios:
 - a. Deranged Sugars
 - b. Hypoxia
 - c. Hypotension/Hypertension
 - d. Change in GCS
 - e. Response to pain

Day 5:

Dr. Pradip Barde, AIIMS, Rajkot, Gujarat.

BLS and CPR training

Day 6:

Dr. Vinay Chitturi, AIIMS, Rajkot, Gujarat.

1. Donning | Doffing | Sterile process
2. Oxygen Therapy & Implication

Day 7:

Dr. Naresh Parmar, AIIMS, Rajkot, Gujarat.

1. Revision class
2. Evaluation Round & Q/A session