



# अखिल भारतीय आयुर्विज्ञान संस्थान, राजकोट, गुजरात ALL INDIA INSTITUTE OF MEDICAL SCIENCES, RAJKOT, GUJARAT

A Central Autonomous Institute of National Importance under PMSSY, MoH & FW, Government of India

## Rules and Regulations for Internship

### General Objectives:

A MBBS Course requires a 12 months Internship which is a mandatory phase of the professional training wherein a medical graduate is exposed to the realistic practice of medical and healthcare to acquire skills under supervision so that he/she may become capable of functioning independently as a general physician.

### Specific Objectives:

At the end of the Internship Training, the student shall be able to:

- Diagnose and manage clinically common disease conditions encountered in clinical practice and make prompt decision for referral to higher level.
- Use discretely essential drugs, infusions, blood or its substitutes and laboratory services.
- Manage all type of emergencies - Medical, Surgical, Obstetric, Neonatal and Paediatric.
- Participating and Monitoring the National Health Programs and Schemes, oriented to provide promotive, preventive, curative and rehabilitative health services to community.
- Develop leadership qualities to function effectively as a leader of the health team organized to deliver the health and family welfare services in existing socio-economic, political, and cultural environment.
- Render services to chronically sick and disabled (both physical and mental) and to communicate effectively with patient and the community.
- Acquire adequate communication skills for proper interactions with other paramedical workers.
- Acquire ability, to judiciously select appropriate investigation as per clinical situation, properly collect samples for analysis and, to interpret common clinical and laboratory data.
- To learn documentation and fill appropriate hospital forms and to carry out day to day common Bedside procedures and treatment.

### General rules:

Every student shall be required after passing the final MBBS examination to undergo Compulsory Rotational Internship to the satisfaction for a period of 12 months so as to be eligible for the award of the Degree of Bachelor of Medicine and Bachelor of Surgery (MBBS) and full registration.

Provisional registration with Gujarat State Medical Council is compulsory for starting the internship training.

The details of Compulsory rotatory Internship for one year are as under:

One year compulsory rotatory internship. Batches to be made by Academic Section.



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The internship should commence within one year of passing final year MBBS examination and should be completed within 15 months of commencement; failing which the degree of MBBS will not be awarded.

Internship must be completed within 15 months unless extended due to a valid reason which may be decided on case-to-case basis from Dean (Academics).

Failure to complete internship by these rules may be penalized by including details in the MBBS transcripts, in the character certificate and by informing the institute abroad if required.

All parts of the Internship shall be done at All India Institute of Medical Sciences, Rajkot only. Externship within the country is not allowed.

AIIMS Rajkot will issue a provisional MBBS certificate on passing the final MBBS examinations

Sr. No	Department	Duration
1	Medicine	1.5 Months
2	Surgery	1.5 Months
3	CFM	2 Months
4	Paediatrics	1 Month
5	Obstetrics and Gynecology	1 Month
6	Anesthesiology	15 days
7	Ophthalmology	15 days
8	ENT	15 days
9	Psychiatry	15 days
10	Electives	15 days each, total 2 electives (Total 1 Month)
11	Emergency and Trauma	15 days
12	FMT	1 week
13	Derma	1 week
14	Ortho and PMR	15 days
15	Integrated laboratory services*	15 days

\*Integrated laboratory services include 5 days of posting in Pathology, Microbiology and Biochemistry each.

Electives : 1 months –

Two Elective posting will be given for total of 30 days (15 days for one posting). The following departments can be opted (only once):

- Pulmonary medicine
- Radiology
- Radiation oncology
- Transfusion medicine
- Superspecialty postings
- Indian system of medicine

Clinical Electives outside India will not be allowed.



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### **Internship Leave Rules:**

During the period of Internship of one year, an intern may be allowed up to a maximum of 15 (Fifteen) days leave provided that he/she completes at least 80% of prescribed period of training for each department. (Not more than 3 days for 15 days posting, not more than 6 days for 1 month posting, not more than 7 days for more than 1 month posting).

The Dean shall also have the power to stop the payment of the stipend due to an intern for the period for which he has exceeded the period of 15 days due to him as leave in a year.

### **Duties:**

- a) The Intern shall participate as a team member in total health care programme of an individual including appropriate follow-up and social rehabilitation. The Intern will work as a doctor undergoing training and is expected to work for the well-being of the patients under his care.
- b) Recognize his/ her own limitations in patient care and to seek help for further management
- c) The internee must first report to the Head of the concerned Department.
- d) Wearing of Clean white Apron is compulsory during duty hours. The skills to be learnt during posting are as prescribed by AIIMS Rajkot.
- e) The Intern shall be entrusted with clinical responsibilities under supervision of a faculty. He/she shall not work independently.
- f) Interns will not issue a Medical Certificate or a Death Certificate or a medicolegal document under his/her signature.
- g) Intern will participate in total patient care by maintaining patients records, participating in ward rounds and other academic activities of the department posted
- h) Students should be able to maintain ethics and maintain confidentiality of the patients.
- i) The interns should preferably reside in the Institute premises and be available to attend to call duty even after duty hours.

### **Performance evaluation :**

In case of an unsatisfactory performance of an intern during the period of his/her posting in a Unit/ Department, the Head of such Unit/Department should periodically inform the intern regarding his/her unsatisfactory performance. This recommendation is being made so that interns are properly warned during their posting regarding their unsatisfactory performance. This will also enable them to compensate for their previous lapses and try to improve during the period of their posting so as to secure a satisfactory assessment at the end of the posting. If the Academic Section receives an unsatisfactory report about the performance of an intern in a Unit/ Department, such an intern will be informed that he/she will be withheld till such time that his/her performance is graded as satisfactory.

The intern may be asked to put extra hours of work in the Department/Unit where the performance has been unsatisfactory. Such an arrangement should have the prior approval



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of the Heads of Units/Department. The entire block of posting may be repeated subsequent to the completion of one year's internship.

The Dean, on the recommendation of the Head of the concerned Department/Unit, will be the final authority to decide as to which of the above-mentioned courses should be open to a particular intern.

### **Exchange of Internship Posting:**

Exchange of Internship posting is not routinely permitted. It may only be done after the recommendation of the Concerned HODs/Departments and approval of the Dean, based on the individual case.

### **Repeat Posting:**

The internship will be required to be completed within one year as described above. The interns will be required to join immediately as per the directions given from the Dean (Academics) office within the stipulated time.

Stipulation of repeat postings in following scenarios:

- Unsatisfactory performance in the concerned department
- Prolonged illness. Medical Certificate must be validated by a Medical Board set up by the Institution.

No Hostel accommodation shall be provided for the repeat period. However, in extra ordinary circumstances the institute may provide accommodation only if it is available.

Failure to complete internship within the stipulated time frame and under the laid down policy shall be viewed seriously and non-adherence of the direction issued by Dean (Academics) may invite suitable disciplinary action. Final discretion of all matter pertaining to internship posting and their rotation shall be adhered with Dean (Academics).

### **ASSESSMENT:**

- Interns shall maintain a Log-Book which shall be verified and certified by the concerned department where he/she works during his/her internship period. Responsibility of safe custody of the Log-Book rests on the Intern.
- All interns must obtain 'BLS training certificate' 'Basic Trauma Care Course' from AIIMS Rajkot during the period of their internship.
- The Log-Book provides proforma in various specialties which indicates skills to be acquired during the specific posting.
- The record of performance should be verified by the Faculty In charge/ Head of the Units, countersigned by the Head of the Department, immediately after the completion of the posting.
- The last page provided is for the leave record. All leaves taken must be entered and signed under seal by Head of the Departments/Units.



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- f) On completion of all postings (the total period of one year), the Log-book is to be returned to the Academic In-charge Coordinator, Internship Training Programme of the Institution for issue of the completion certificates.
- g) Completion certificate will be issued only on submission of this log book.
- h) An overall assessment and rating will also be done from a scale of 1-5.

A satisfactory completion shall be a Global score of 3 or above:

### **PART A** (This Assessment is independent of PART B)

- a) Proficiency of knowledge required for each case Score 1-5
- b) The level of competence attained to manage cases in relation to:
  - i) Management of cases independently
  - ii) Assistance in procedures
  - iii) Observation of Procedures Score 1-5
- c) Responsibility, punctuality, work up of case, involvement in treatment, follow-up reports. Score 1-5
- d) Capacity to work in a team (Behavior with colleagues, nursing staff and relationship with paramedical staff) Score 1-5
- e) Initiative participation in discussion, research aptitude Score 1-5

### **PART B** (Global Score)\*

"This assessment is independent of PART A and is not average of PART A.

Global Score

Very Poor/ Poor/ Average/ Good/Very Good and above

1      2      3      4      5

A global score of less than 3 of Internship will represent unsatisfactory completion of Internship.

**Note:** - The department should maintain a copy of the attendance and on completion of a period of posting in any department, the report must be signed by the Unit In charge along with his stamp and should be submitted through the Head of the Department to the academic cell.

Based on the record of work and evaluation, the Director/Dean shall issue certificate of satisfactory completion of training following which the University shall award the MBBS Degree or declare him eligible for it.