

Professional Dress-up and Personal Hygiene

Functionality and Grooming

1. Nurses must be able to bend, stoop, reach and lift in the course of patient care.
2. Grooming is important for a nurse.
3. Wrinkled uniforms, scuffed shoes or dirty fingernails do not present an image that inspires confidence in the patient.

Infection Control

1. Finger nails should be clipped, no nail paints allowed.
2. Rings should be limited or removed for the same reason.
3. Nursing uniforms are frequently subject to spills and stains and should be laundered regularly.

Personal Hygiene

1. The nurse is expected to maintain cleanliness.
2. Maintain proper hair cleanliness.
3. Women's hair should be tied up tidily with black clips and pins.
4. Men's hair should be well groomed.
5. Men's beard should be properly trimmed and maintained.
6. Personal hygiene should be maintained.
7. Wear clean, properly ironed uniform.