



COVID-19 Safety and Preventive Measures / COVID-19 Advisory

1. In view of the recent directions received from the MoHFW & dynamic COVID-19 situation prevailing globally and likely rise in the number of COVID-19 positive cases, following public health measures will be followed with immediate effect to reduce/mitigate the envisaged risks of new variants of COVID-19 by all (Faculty members, Staff, Students, and visitors) at all workplaces within AIIMS Rajkot campus (both Temporary & Permanent) at all times:

- (a) Physical distancing of at least 6 feet must be followed as far as feasible.
- (b) Use of face covers/masks is mandatory.
- (c) Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible.
- (d) Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing of used tissues properly.
- (e) Self-monitoring of health by all and in case of any COVID-19 related signs and symptoms, the concerned faculty/students/staff should report to their respective Head of Department/Incharge/Provost immediately.
- (f) Spitting at Public places is strictly prohibited.
- (g) Installation & use of Aarogya Setu App is strictly advised.
- (h) Reporting to the OPD & inform hospital administration if any COVID like symptoms are suspected.





2. Undergraduate Boys and Girls Hostels:

- a. Both the Hostels currently will functional under strict observation of the COVID-19 safety and health preventive measures as highlighted at para 1 above.
- b. All the students residing in the hostel will strictly follow the COVID-19 safety and precautionary measures by greeting each other without physical contact, maintaining social distancing, wearing face masks (when outside their room), sanitizing their hands regularly, etc.
- c. All the COVID-19 related monitoring devices like Pulse oximeters, digital thermometers, hand sanitizer, etc. are available in adequate quantity in the warden office. The students and hostel staff can utilise these items anytime by putting a request to the warden office.
- d. Overnight/Long Leave of any kind will not be permitted to students residing in the hostels, unless in case of emergency.
- e. Resident students and staff should avoid or limit visiting the crowded market places. Essential day to day items will be made available in the common room of the hostel.
- f. Self-monitoring of health by all students is to be done using digital thermometers and pulse oximeters which are available in the warden office.
- g. In case of any COVID-19 related signs and symptoms, the concerned student/staff should report to the Provost/Assistant Provost immediately.
- h. Symptomatic students will be immediately shifted to the quarantine section/rooms of the hostel and will not enter the common hostel building/ common room/visitor room under any circumstances.
- j. Isolation facilities for symptomatic students and quarantine facilities for those who were in contact with the positively tested persons will be arranged inside the hostels. Proper arrangement of safety, health, food, water, etc. will be ensured for those in quarantine and isolation facilities.
- i. Clinical assessment and treatment will be provided to such students at the quarantine and isolation facilities of the hostel itself.
- j. Over Crowding in common areas, recreation room, playing area, dining halls of the hostels is strictly prohibited. Hence, their numbers need to be limited appropriately to avoid crowding by maintaining appropriate social distancing norms.
- k. Maintaining hygiene, e.g., how to wash hands, how to cough or sneeze into a tissue or elbow, avoid touching of face, eyes, mouth and nose will be regularly told to the students and the staff.





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- l. Thermal Screening of all resident students, staff and visitor will be carried out at the entry point of hostels.
- m. It is important for the students to be physically and mentally fit to handle any exigencies. By remaining fit, they can take care of others also.
- n. The students must inculcate activities that will increase immunity-boosting mechanism which may include exercise, yoga, eating fresh fruits and healthy food (avoid fast food), & by sleeping timely.
- o. Students are expected to extend full support to their peers under stress due to COVID-19 pandemic.
- p. Any of the students found violating any of the above mentioned COVID-19 precautionary measures will be liable for strict disciplinary action.

3. Mess area:

- a. Hygiene conditions will be regularly monitored and maintained in kitchens, dining halls, bathrooms, and toilets etc.
- b. It must be ensured that the meals are freshly cooked. Wardens and student mess representatives should monitor the same.
- c. Utensils should be properly cleaned.
- d. Wearing of face covers/ masks and proper sanitization of hands of the staff engaged for the preparation and distribution of meals will be ensured.
- e. Hostels may define the number of students in dining halls at any point in time.
- f. Mess timings will be increased to avoid any overcrowding.

Copy to:

1. Executive Director, AIIMS, Rajkot.
2. Dr. Rajesh Kathrotia, Offg Dean Academics
3. All Heads of Department, AIIMS, Rajkot.
4. Provost UG Boys & UG Girls Hostel
5. Deputy Medical Superintendent ,AIIMS, Rajkot.
6. Administrative Officer, AIIMS, Rajkot.
7. HR/Est. – For further dissemination to all
8. In-charge IT Cell for uploading the same on AIIMS, Website and circulation to all regular staff members through webmail.



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