# All India Institute of Medical Sciences Rajkot



# **PHARMACOLOGY OF MEDICAL DEVICES**

e – Bulletin

# "Panacea"

Volume 3, Issue 1, April 2024



Published by Department of Pharmacology All India Institute of Medical Sciences (AIIMS), Rajkot

# Contents

	Page
Topics	Number
Introduction	2
Segmentation in healthcare industry	2
Segmentation within medical devices	2
Classification of medical devices with risk level	3
Regulations pertaining to medical devices	3
Medical Device Development Life Cycle	4
Drugs Vs Medical Devices	4
Indian market of medical devices	5
Medical Devices Ecosystem	5
Role of A pharmacologist in medical devices & related issues	6
References	7
Quiz	7

### \*INTRODUCTION <sup>[1]</sup>

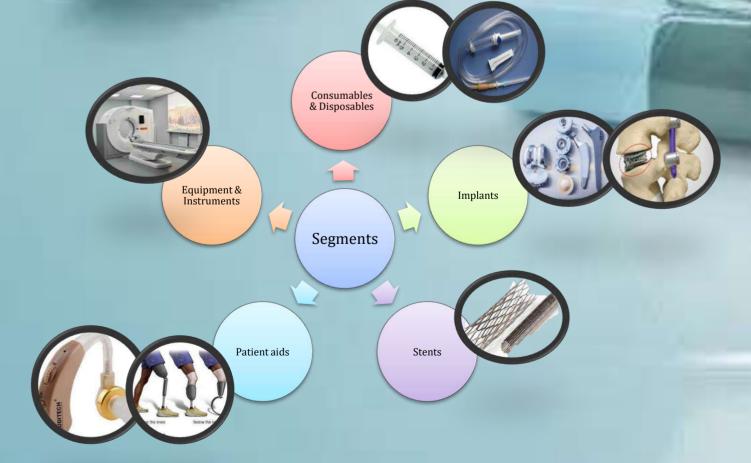
#### WHAT IS A MEDICAL DEVICE?

- Any material, software, appliance, instrument, apparatus
  - Used for diagnosis and treatment
  - Helps in disease prevention and management
  - Helps improve the quality of life
  - E.g. Syringe, I/V set, UPT kits, Glucometers, hearing aids, and monitors, Stents etc.

## \*SEGMENTATION IN HEALTHCARE INDUSTRY



## **\*SEGMENTATION WITHIN MEDICAL DEVICES**<sup>[2]</sup>



## \*CLASSIFICATION OF MEDICAL DEVICES WITH RISK LEVEL<sup>[3]</sup>

	CLASS A	CLASS B	CLASS C	CLASS D
RISK LEVEL	LOW	LOW-MODERATE	MODERATE-HIGH	HIGH
EXAMPLES	MEDICAL GLOVES, BANDAGES	NEEDLES, TRACHEAL TUBES	VENTILATORS AND OTHER ICU EQUIPMENT	BALLOON CATHETERS, PACEMAKERS, PROSTHETIC HEART VALVES



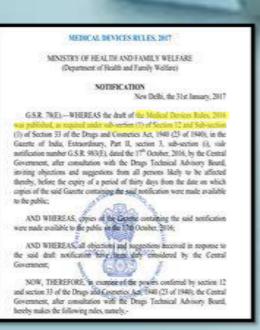
# **\*REGULATIONS PERTAINING TO MEDICAL DEVICES** [4-6]

*REGULATORY AGENCIES WORLDWIDE				
COUNTRY	REGULATORY BODY			
INDIA	CDSCO(central drugs standard control organisation)			
CHINA	• SFDA(state food and drug administration)			
AUSTRALIA	TGA(therapeutic goods administration)			
JAPAN	MHLW(ministry of health, labour & welfare)			
EUROPEAN UNION	EMEA(European Medicines Evaluation Agency)			
UK	MHRA(Medicines and Healthcare Products Regulatory Agency)			
KOREA	KFDA(Korea Food & Drug Administration)			

#### **REGULATION IN INDIA**

The first definition of Medical Devices was introduced in Drugs & Cosmetics Act, 1940 under Section 3(b)(iv) in the year 1982.

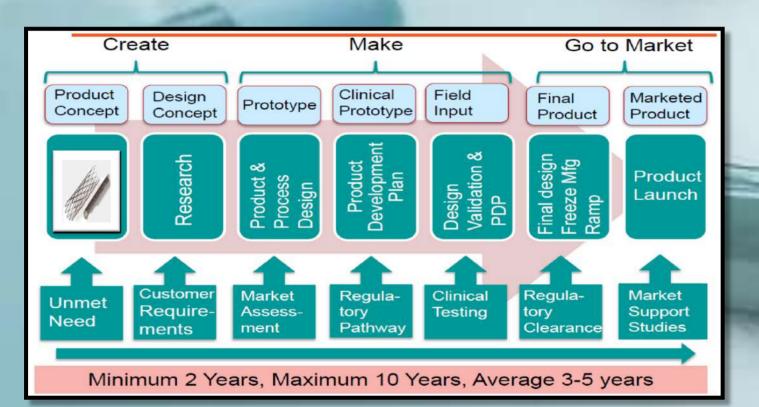
- Medical Devices Rules, 2017 were notified by the Government vide notification no. GSR 78 (E) dated 31.01.2017 which were came into force w.e.f. 01.01.2018
- MDR 2017 contains :
  - ✓ 12 chapters : Sections detailing various provisions related to medical devices
  - ✓ 08 Schedules: Lists of classes and requirements for medical devices
  - ✓ 97 Rules : Legal obligations and guidelines for medical devices
  - ✓ 43 forms : Documents for compliance and reporting of various parameters including safety of medical devices



#### LICENCE PROCESS IN INDIA [7]

- For Class A & B medical devices, licenses are to be issued by State licensing authorites and for Class C & D medical devices, licenses are to issued by central licensing authorites.
- Manufacturer should apply for license application on Sugam Portal, designed by CDSCO office.
  - CLASS A: No pre inspection is required, SLA will issue the license on Form MD-5.
  - CLASS B: Notified body will inspect the manufracturing premises and SLA will issue the license on Form MD-5
  - CLASS C & D: Officers from CDSCO, Delhi will inspect the manufacturing premises and CLA will grant license on MD-9

#### \*MEDICAL DEVICE DEVELOPMENT LIFE CYCLE<sup>[8-11]</sup>



#### **\*DRUGS VS MEDICAL DEVICES**

#### SIMILARITIES BETWEEN DRUGS & MEDICAL DEVICES

- Preclinical Testing, Clinical Trials required for both.
- Regulatory Oversight and submission processes are almost similar.
- Post Marketing surveillance essential for both.

#### **DIFFERENCES BETWEEN DRUGS & MEDICAL DEVICES**

COMPARATOR	DRUGS	MEDICAL DEVICES
Nature of product	Chemical/ Biological	Bioengineered ± Chemical/ Biological
Development complexity	Crucial steps: 1. Identify MOA 2.Pharmacokinetis/Pharmacodynamics studies 3.Potential interactions 4.Toxicity studies	Engineering, design, validation, optimization, usability studies
Research requirements	Well-defined phases as per regulatory framework	Ill defined – Different for disposable needles vs coronary stent, CT scanner
Regulatory pathways	New Drug Application (NDA)/ Abbreviated NDA/ Biologics (BLA) pathway – Mostly same for all drugs	Depends on the level of risk and similarity to existing devices
Developmental timeline	Usually takes longer (average 7-10 years)	Generally shorter but can vary based on complexity (average 3-5year)

### \*INDIAN MARKET OF MEDICAL DEVICES

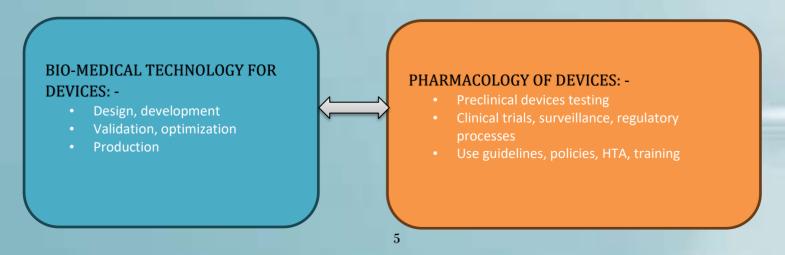
#### Indian Market Size of Medical Device Sector- \$11 billion (2022)

- Expected to increase at a CAGR (compounded annual growth rate) of 37% by 2025
- More than 4000 startups

#### Growth drivers in India

- New Manufacturing Capacity development
- Increasing funds for private/ public sector
- Supportive medical device policy

#### \*MEDICAL DEVICES ECOSYSTEM



### **\*ROLE OF A PHARMACOLOGIST IN MEDICAL DEVICES & RELATED ISSUES**<sup>[12]</sup>

#### **COLLABORATOR BETWEEN**

- Bioengineers
- Clinicians
- Regulatory experts
- Quality assurance personnel

#### **RESEARCH & DEVELOPMENT**

- MD that incorporate pharmaceutical agents
- -Drug-eluting stents, implantable drug delivery systems, infusion pumps, controlled delivery systems, nanosensors
- Support designing of these devices to deliver drugs in controlled doses and monitor the effects

#### **PRECLINICAL TESTING**

- Compatibility of medical devices with pharmaceutical agents in laboratory and animal studies
- Pharmacokinetics, pharmacodynamics of the drugs released by the devices
- Adverse device reactions, Drug –device/tissue interactions

#### **CLINICAL TRIALS**

- Designing, conducting, analysing clinical trials for medical devices
- Help determine appropriate drug dosing
- Monitor patient response

#### **REGULATORY COMPLIANCES**

- Regulatory submissions and compliance with relevant authorities
- Provide data and expertise to support the safety and efficacy of the device's drug component

#### **RISK ASSESSMENT**

- Potential risks associated with drug-device interactions, allergies, adverse events, and other safety concerns
- Recommendations to mitigate these risks and ensure patient safety

#### PRODUCT LABELLING AND DOCUMENTATION

- Development of product label
- Instructions for use and other documents that help healthcare professionals and patients understand how to use the medical device safely and effectively

#### **EDUCATION AND TRAINING**

- For healthcare professionals
- About the proper use and potential interactions of medical devices with pharmaceutical agents

#### **POST-MARKETING SURVEILLANCE**

- Monitoring the real-world performance of medical devices
  --To fulfil the regulatory requirements
- Analyse adverse event reports, patient outcomes, and other data to identify any potential issues and contribute to device improvements

#### MATERIOVIGILANCE

• Deals with medical devices associated with adverse events and their monitoring.

#### **POLICY DECISIONS**

- Policy decisions Essentiality of medical devices
- Price regulation, Health technology assessment

Thank You

# References

*1. Medical device – full definition.* Geneva (CH): World Health Organization; [cited 2024 Feb 14]. Available from: <a href="http://www.who.int/medical devices/full definition/en/">www.who.int/medical devices/full definition/en/</a>

2. Dobesh PP, Stacy ZA, Ansara AJ, Enders JM. Drug-eluting stents: a mechanical and pharmacologic approach to coronary artery disease. *Pharmacotherapy.* 2004;24(11):1554–77.

3. Hwang TJ, Sokolov E, Franklin JM, Kesselheim AS. Comparison of rates of safety issues and reporting of trial outcomes for medical devices approved in the European Union and United States: cohort study. *BMJ*. 2016;353:i3323 4. Galgon RE. Understanding medical device regulation. *Curr Opin Anaesthesiol*. 2016;29(6):703–10.

5. 9. *2019 medical device recalls*. Silver Spring (MD): US Food and Drug Administration; 2019. [cited 2024 Jan 14]. Available from: <u>https://www.fda.gov/medical-devices/medical-device-recalls/2019-medical-device-recalls</u>.

6. Action plan for medical devices: improving Australia's medical device regulatory framework. Woden (AU): Australian Government, Department of Health, Therapeutic Goods Administration; 2019. Apr 4, [cited 2019 Jun 14]. Available from: https://www.tga.gov.au/publication/action-plan-medical-devices.

7. Coombes R. Surgeons call for compulsory registers of all new medical devices. *BMJ*. 2018;363:k5010. doi: 10.1136/bmj.k5010.

8. Fraser AG, Butchart EG, Szymañski P, Caiani EG, Crosby S, Kearney P, et al. The need for transparency of clinical evidence for medical devices in Europe. *Lancet.* 2018;392(10146):521–30.

9. *Medical devices post-market vigilance: statistics for 2015. Version 1.0.* Woden (AU): Australian Government, Department of Health, Therapeutic Goods Administration; 2016. [cited 2024 Jan 14]. Available

from: <u>https://www.tga.gov.au/sites/default/files/medical-devices-post-market-vigilance-statistics-2015.pdf</u>. 10. *Overview of device regulation*. Silver Spring (MD): US Food and Drug Administration; 2018. [cited 2024 Jan 14]. Available from: <u>https://www.fda.gov/medical-devices/device-advice-comprehensive-regulatory-assistance/overview-device-regulation</u>.

11. Fitzgibbon W. *Australia announces medical device action plan to address patient concerns*. Washington (DC): International Consortium of Investigative Journalists; 2019. Apr 8, [cited 2019 Jun 14]. Available from: <u>https://www.icij.org/investigations/implant-files/australia-announces-medical-device-action-plan-to-address-patient-concerns/ [Google Scholar]</u>

12. Polidori P, Cifani C, Polidori C. Roles of hospital and territorial pharmacists within the Italian national healthcare service. *Can J Hosp Pharm.* 2017;70(4):30915.

# Quiz

1. In what phase of medical device development do pharmacologists typically play a significant role?

- a) Preclinical testing
- b) Post-market surveillance
- c) Clinical trials
- d) Manufacturing

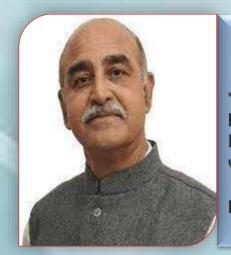
2. What regulatory bodies are required to liaise with during the approval process for medical devices in India?

- a) Food and Drug Administration (FDA)
- b) European Medicines Agency (EMA)
- c) World Health Organization (WHO)
- d) The Central Drugs Standard Control Organization (CDSCO)

3. How do pharmacologists contribute to the safety of medical devices?

- a) By ensuring the device is comfortable to use
- b) By conducting preclinical studies to identify potential risks
- c) By marketing the device to healthcare professionals
- d) By developing user manuals for the device

Answers: c), d), b)



# Message from Executive Director

"I heartily congratulate the department of pharmacology for bringing this informative newsletter on "Pharmacology of Medical Devices" – an emerging branch in healthcare industry. My best wishes to the entire team.....

Dr. (Col)C.D.S. Katoch, Executive Director, AIIMS, Rajkot.

## DEPARTMENT OF PHARMACOLOGY AIIMS, RAJKOT

- Dr. Rima Shah, Associate Professor
- Dr. Shubha Singhal, Assistant Professor
- Dr. Kiran Piparva, Assistant Professor
- Dr. Siddhartha Dutta, Assistant Professor
- Dr. Nipa Mendapara, Senior Resident
- Dr. Rajan Ramani, Junior Resident
- Dr. Bhargav Rajyaguru, Junior Resident